



**POWYS MONTGOMERY  
FEDERATION  
WOMEN'S INSTITUTES  
February 2020**



**CHAIRMAN: Miss Margaret Jones** Tel. 01686 430474 [margaretjones@pc-q.net](mailto:margaretjones@pc-q.net)

As we start the new decade, I hope you have arranged a good and interesting programme for your members. Have you all had an opportunity to discuss and vote on the proposed resolutions this year remember the WI can and do make a difference.

It was good to meet members at the officers workshop, remember help is always at hand from the Federation Officers and Advisors. When reviewing our own yearly meetings and activities it was felt that with the continual decline in members attending the Annual Council Meeting it has been decided to revamp the format to make the meeting more accessible to all our members. We will therefore aim to hold an evening meeting during the longer lighter evenings, so watch this space for this new exciting initiative.

There's really a Buzz in Belan this year as they celebrate the centenary of Belan WI, we congratulate and wish them all the best with their special activities.

I hope you all have a happy and successful 2020

Hwyl fawr **Margaret**

**FEDERATION TREASURER**

**Lisa Hamer** [lisajhamer@hotmail.co.uk](mailto:lisajhamer@hotmail.co.uk)

**MEMBERS:** WI subscription year runs from Jan – Dec. Prompt payment eases the burden on your WI Treasurer, please submit subscriptions to PMFWI **No Later than 31<sup>st</sup> March.**

**CALLING ALL TAX PAYERS** your WI could be earning £5.38 in Gift Aid from your 2020 membership fee, which can be backdated for the last four years proportionately (25%) Watch the Newsletter for an upcoming workshop on how to process your claim with HMRC it is not necessarily a job for your Treasurer, perhaps a new role for someone in your WI.

**100 CLUB for 2020:** Membership £5 per share, please support our Federation and give yourself the chance of winning in one of the six draws at major events throughout the year:-

1<sup>st</sup> £40, 2<sup>nd</sup> £20 and 3<sup>rd</sup> £10. On sale to members, Friends & family over 18. First draw at the Quiz in March. **N.B.** WIs are not allowed to purchase a share, due to the charitable status. Form enclosed in Nov. Newsletter.

**PUBLIC AFFAIRS**

**Chairman Mrs Dorothy Schofield 01938 555436**

**'OUR HEALTH IN OUR HANDS' Sat 15 Feb at Abermule Community Centre 10.00am -**

**3.00pm** Four sessions - gentle exercise, herbs for health, women's health, laughing yoga and singing. Cost inc. light lunch £12.00 Contact the Office for late availability.

**SHOW THE LOVE 5<sup>th</sup> -29<sup>th</sup> Feb.** Set your own "**Green Heart Resolutions**" this month and take individual action against Climate Change. The WI Website has practical ideas (Green Heart Action Pack) for reducing your carbon emissions and for branch activities. And please do use the postcard sent with WI Life to let our new MP know your priorities.

**NFWI VISION FOR THE FUTURE:** Consultation in Feb issue of 'WI Life' please respond to help NFWI Trustees planning for the future of WI.

**'MAKE TIME FOR MENTAL HEALTH' Campaign** Four videos available each covering a different topic:- mental wellbeing; women and mental health; mental health stigma; and mental health support services. All feature a WI member with personal or professional experience in the area. To support members in starting and facilitating conversations about these issues, each video is accompanied by a guide produced in partnership with the charity Rethink Mental Illness. Available to download from the 'Make Time for Mental Health' page on 'My WI'.

**NFWI WALES CONFERENCE Sunday 26<sup>th</sup> April at Theatr Clwyd, Mold** Morning Speakers Mair Stephens, Chair NFWI-Wales, Rhian Connick, Head of NFWI-Wales, Jeryl Stone, Vice Chair NFWI and Linda Wood, Lead Nurse Specialist, Cervical Screening Wales. Afternoon guest speakers Tamara Harvey, Artistic Director of Theatr Clwyd, recent recipient of an Olivier Award for the best new comedy "Home, I'm Darling" and a presentation from the costume department of Theatr Clwyd who have hundreds of costumes in storage as they always make their own costumes for productions. **Morning tea/coffee** will be available. **Packed Lunches @ £5.00** provided by Theatr Clwyd must be ordered and paid for in advance. Please indicate any special dietary requirements on your booking form. Please note that there are no eating establishments within walking distance of the Theatre and hotels may be too far away to return for lunch. It is therefore **recommended** that members order a packed lunch or bring their own Agenda /entry fee £12. Day coach only £15.00 Coach pick ups:- Llandinam 7.45am, Newtown 7.05am Welshpool 7.30am. **Booking required by 28<sup>th</sup> Feb**

**EVE OF CONFERENCE Sat 25<sup>th</sup> April at Theatr Clwyd 'SIX' the musical** Nominated for 5 Olivier Awards including Best New Musical, Tickets from the box office/online.

**NFWI ANNUAL MEETING Thurs 4th June 2020 at The Royal Albert Hall, London.** Two night stay at 3\* Central Park Hotel, 49 Queensborough Terrace, Westminster Departing Wed 3rd and returning Fri 5th June. Observer tickets @ £22.00 + coach £18 (TBC) B/B £175.00 per.person based on 2 sharing. Delegates (1 member representing 4 WIs) will be required to pay for one nights accommodation (£87.50) **Hotel rooms only reserved till end of Feb, why not join us for a trip to London. Please advise the Office asap.** Booking form enc. in Nov. Newsletter

**MEMBERSHIP COMMITTEE:** **Chairman Mrs Jean Hurrell Tel. 01938 553736**

**OFFICERS' WORKSHOPS:** I do hope all who attended found the workshops useful and enjoyed meeting fellow officers.

**2021 CALENDARS:** the theme for your photos is "Black & White" – landscape orientation please. Maximum of three entries per member to the Federation Office by **24<sup>th</sup> April**. Email entries would be appreciated if possible.

**QUIZ NIGHT:** **Fri 27<sup>th</sup> March**, 7:00 for 7:30 start at the Monty Club, Newtown. Come and meet our new question master, Jo. Entry £2 per person, maximum 4 per team, non-members welcome. **Please book by 28<sup>th</sup> Feb.**

**MEMBERSHIP BOOKLETS:** if these have not been received please contact the office.

**MCS:** **MCS reps** please update any changes of Officers and add new members' details. If you need log-ins or have no MCS rep please contact Jane in the office.

**DIARY DATE:** **Treasure Hunt, Wed12<sup>th</sup> Aug**, hosted by last year's winners - Abermule WI.

**HAVE YOU TRIED AN INTERESTING CRAFT PROJECT OR ACTIVITY RECENTLY?** **There are lots showcased on MY WI** and if you'd like to share your creative makes or submit a **tutorial** to inspire other members to try themselves, email [a.evans@nfwl-unit.org.uk](mailto:a.evans@nfwl-unit.org.uk)

## **HOME ECONOMICS: Chairman Mrs Geraldine Russell-Jones 01686 650451**

**PLANTER/HANGING BASKET WORKSHOP Sat 18<sup>th</sup> April at Adfa Village Hall.** Two sessions, 10.00am -12.30pm and 1.30pm-4.00pm, demonstrated and supervised by Stan Mahon of Kerimeg Nurseries who will provide potting material, containers and plants for sale or bring your own. Coffee/tea available. Cost £5 per session. Booking form enclosed – please state whether you plan to plant up a container or hanging basket (or both) – **closing date 31<sup>st</sup> March.**

**SPRING SHOW Sat 2<sup>nd</sup> May at Trefeglwys Memorial Hall:** Hope you are all busy preparing your entries. Forms need to be returned by **13<sup>th</sup> March.** Looking forward to a great day!

## **ARTS & ENTERTAINMENT**

**Chairman Mrs Mandy Conwell 01686 630145**

Theatre trip “We Will Rock You” Sat 29<sup>th</sup> April all tickets now sold contact the Office if you wish to go on a waiting list. Coach pick ups Newtown 8am Welshpool 8.30am return after show.

Events to watch out for in your 2020 newsletters:

Thurs 24<sup>th</sup> Sept Trip to Salford Quays to include optional tour of Media City, also galleries, shops, museums easily accessible

Thurs 15<sup>th</sup> Oct Entertainment; “WI’s got Talent”

Nov Bingo - date to be confirmed

Dec 2020 – watch this space!

## **SPORTS & LEISURE**

**Chairman Mrs Pam Adcock Tel. 01938 810108**

**Audrey Lloyd** a long standing member of the Sports Committee and a member of Dolfor WI sadly passed away on 20<sup>th</sup> Dec, our condolences to her husband Trevor, family and friends.

**DOMINOES** Congratulations to Guilsfield, Belan, Adfa & Cefn Coch A&B teams who are through to the final at the Monty Club on Wed 5<sup>th</sup> Feb.

**SHORT TENNIS Sat 8<sup>th</sup> Feb, at Llanfair Leisure Centre,** 10.00 am prompt start. Good luck to all who have entered.

**BADMINTON Fri.21<sup>st</sup> Feb, Llanfair Leisure Centre,7.00 pm.**

**SCRABBLE Tues 17<sup>th</sup> March, Monty Club, Newtown.** 7 pm. Entry fee £3.00 per person. Entry form enc. to be returned by **Fri 28<sup>th</sup> Feb.**

**WALKING NETBALL – 22<sup>nd</sup> Feb 2pm & 14<sup>th</sup> March 2pm at The Flash Welshpool,** with Wales Netball Coach Gaynor Hewings, just turn up and give it a go, it is great fun.

**PLEASE REMEMBER if YOU want to take part in a Sporting Event,** and there is not enough interest in your own WI, you may join with another WI to make up a team. Let us know and a partner may be found! Points won are then shared between the two WIs.

**Don’t miss out enjoy all WI has to offer.**

## **MAY 2020 HOLIDAY SOUTH HAMS & DARTMOOR TOUR Mon 11<sup>th</sup> – Fri 15<sup>th</sup> May ( 5 days)**

includes: 4 nights Half Board at the 3\* Redcliffe Hotel, Paignton, overlooking Torbay’s sandy beach, the 19<sup>th</sup>-century Redcliffe Hotel has a lift, an indoor swimming pool and is set in 3 acres of gardens. The Restaurant boasts seafront views. Torbay town centre is within a 15-minute walk and Paignton Pier is less than 200 yards away. Your holiday includes visits to Perry’s Cider Barn (Free) Buckfast Abbey (Free) House of Marbles (Free) Wells, Dartmouth, Slapton Sands, Kingsbridge, Plymouth, Widecombe in the Moor, Princetown, Tavistock  
Cost based on two people sharing Twin/Double Room £390 per.person.

No single Supp. (6 rooms only) Full itinerary and booking form enc. in Jan mailing or available from the Wi Office. Please book direct with Sabrina Travel **deposit by 28<sup>th</sup> Feb.**

**DENMAN AMBASSADOR: Mrs Jean Hurrell Tel. 01938 553736 [jean@swynant.co.uk](mailto:jean@swynant.co.uk)**

Having attended an ambassadors' conference at Denman just before Christmas, I'm happy to report that the deficit has been reduced by 62%, congratulations to the Denman staff. Booking for the next round of Federation visits to take place between Oct 21 & Sept 22 begins in March and PMFWI trustees having given the go ahead, I will be working to find a date and suitable courses to suit our federation. Meanwhile, let me know if you fancy a Denman Experience Day with overnight stay at a cost of £165 (1<sup>st</sup> Day: 4pm - arrival, with tea and cake; 6pm - welcome by staff member; 6.45pm - dinner; 8.15pm -entertainment. 2<sup>nd</sup> Day: 9.30am - first workshop; 10.30am - coffee break; 11.30am - finish first workshop; 12pm - lunch; 1pm - second workshop; 3pm - tea & cake; 3.30pm -depart)

**Special Event: Talk & Trip to Bletchley Park, 23/24 April**, WI Member: £164.00, Non Member £174.00  
Course Brochure available via your Fed.Office or download on the website [www.denman.org.uk](http://www.denman.org.uk)

**LADY DENMAN CUP COMPETITION 'What I heard on the bus...'** Using no more than 500 words, WI members are invited to submit a piece of writing, either comical, serious, fact or fiction, based on a conversation they have overheard, or imagined they had heard, on the bus. Entries can be submitted either via email or if by hard copy send 4 copies of your entry, typed if possible, on A4 paper to their Federation Secretary no later than Fri 26 June 2020. For full details and entry form visit the NFWI website or request from the Federation Office.

**BRA RECYCLING SCHEME** raising vital funds for pioneering breast cancer research and helping developing countries such as Togo, Ghana and Kenya, where bras remain too expensive to produce locally. Any bras beyond redemption are dismantled and disposed of properly. For every tonne of bras collected, **Against Breast Cancer** receives £700 to fund our research. Please bring your unwanted or unloved bras to the Bra bin located in the WI Office.

**GARDEN VISIT:** I specialize in "Dierama's and have quite an interesting garden to wander around located on the main Newtown to Tregynon road. I can accommodate up to 25/30 people at any one time with homemade cakes and liquid refreshments available. Contact Ann Lewis e.mail [ann@annlewisvideos.co.uk](mailto:ann@annlewisvideos.co.uk) or telephone 07713 024470

**Dates for your Diaries:** 5<sup>th</sup> – 29<sup>th</sup> 'Show the Love' Action against Climate Change.

8<sup>th</sup> Feb Short Tennis, Llanfair Leisure Centre.

21<sup>st</sup> Feb Badminton Competition.

14<sup>th</sup> March Walking Netball

27<sup>th</sup> March Federation Quiz

26<sup>th</sup> April Wales Conference.

15<sup>th</sup> Feb 'Our health in our hands'

22<sup>nd</sup> Feb Walking Netball

17<sup>th</sup> March Scrabble Competition.

18<sup>th</sup> April Planter or Hanging Baskets Workshop

29<sup>th</sup> 'We Will Rock You' Theatre Trip

**ENCLOSURES:** Combined Booking form :-

Wales Conference, Scrabble, Quiz and Planter/Hanging Basket Workshop.

Lantra info on IT Classes.

## **POWYS MONTGOMERYSHIRE FEDERATION OF WIs**

**Fed. Secretary Jane Rees Office Open 11a.m. – 2p.m. Tues & Fri.**

**Abermule Community Centre, Abermule, Powys. SY15 6ND**

**Office Tel. 01686 630632 / Jane's Mobile 07580 235090**

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**Powys Montgomery WIs**